



Integrated school health program that emphasizes student and community health concerns:

- SHIP is a collaboration among the school, community organizations, and parents in improving students' health and well-being.
- The program is interdisciplinary and integrated in several types of out-of-school activities.

Results



Project SHIP students displayed positive attitudinal changes in the following areas:

- Self-esteem;
- Rules, rights and responsibilities; and
- Decision-making and problem-solving skills.

The Program

Project SHIP (School Health Integrated Programs) is a sequential school health education program. The program involves students, teachers, educational administrators, and other school staff working in conjunction with community organizations and parents to identify and use preventive strategies to improve the health and well-being of all concerned, especially the district's students. Although initially validated for the 6th grade health education program, it has been extended locally to cover all grade levels.

Project SHIP's health education curricular guides and intensive staff development programs focus on (including, but not limited to):

- Improving student attitudes through the acquisition of positive self-concepts,
- Adhering to individual rules, rights, and responsibilities,
- Understanding good decision-making and problem-solving skills, and
- Meeting NYS Learning Standards in Health Education.

Project SHIP stresses integration in other discipline areas, extracurricular activities, peer leadership clubs, and a variety of out-of-school activities. It also encourages the adoption and implementation of commercially prepared, proven, and worthy health education programs.

Professional Development

Potential adopters are required to attend a 2-day training session that includes orientation to the program and staff development.

Costs & Funding Options

Costs for each replication may vary. Please call the Program Director for more information about implementation. Possible funding sources for replication including ESEA Title IV and ESEA Title VI.

Learning Standards

Health, Physical Education and Home Economics: 1) have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health; 2) acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.

Contact

Zenon Deputat
SHIP Coordinator
North Tonawanda CSD
175 Humphrey Street
North Tonawanda, NY
14120
716-807-3778
Fax: 716-807-3522