

# Parent-Child Home Program

*Nationally Validated*

*Families with 2 to 3-year-olds who are at-risk of school failure because of low incomes and parent's limited education*



*A 2-year home-based parenting program for families with at-risk 2- to 3-year-olds who have not had access to educational opportunities:*

- *Home visitors work with parents twice a week.*

## Results



*Studies of graduates of the original PCHP and PCHP replication sites demonstrate that:*

- *Maintenance of 17 point short-term gain in IQ to above the norm of 100, up to age 10,*
- *Parents' sustained increase in verbal responsiveness to their children, 2 years after the program, correlated with the children's scores in reading, math, task orientation, social responsibility, self-confidence, and IQ,*
- *Scores equal to or above the national norms in 2<sup>nd</sup>, 5<sup>th</sup>, and 7<sup>th</sup> grades on reading and math standardized tests, and*
- *First graders score significantly higher than their socio-economic peers on school readiness measures.*

## The Program

The Parent-Child Home Program (PCHP) is a 2-year home-based program designed to prevent educational disadvantage in at-risk 2- and 3-year-olds by enhancing parent-child verbal interaction. The program's theory is that cognitive and social-emotional growth result from the exchange of conceptually rich language between parent and child stimulated by curriculum materials, books, and toys which remain permanently with the families.

Each week for 2 years, Home Visitors hold 2 half-hour sessions with the parent and child together. The Home Visitors, either paid paraprofessionals or volunteers, model a curriculum of verbal and other positive interactions between parent and child to help children prepare for entering school. Weekly Guide Sheets outline the core concepts (colors, numbers, shapes, reasoning, etc.) illustrated by the current book or toy and provide suggestions for other activities using the book or toy. The Home Visitors meet weekly with the PCHP Coordinator. The Coordinator is a social service/community resource for PCHP families, many of whom are isolated from or unfamiliar with resources available to them. The program also provides an important link between school and home, preparing the parents and children to enter the school system.

Eighty-four percent of PCHP participants studied graduate from high school. Nationally less than 65% of students from low income families complete high school. PCHP now has 150 replication sites in the United States, and 10 sites overseas.

## Professional Development

Two years of training/technical assistance are provided, including 4 days of coordinator training; technical materials (all record keeping and reporting forms, model guide sheets, and outreach materials, etc.); a web-based management information system; assistance in training home visitors; on-site and telephone consultations; a newsletter; and an annual conference for PCHP Coordinators.

## Costs & Funding Options

Operating costs vary significantly depending upon how many families are being served and whether Home Visitors are paid or volunteers. The books and toys range from \$180-\$250 per family each year. The training/technical assistance for two years is \$7500, leading to certification as an authentic Parent-Child Home Program replication.

Possible funding sources include Title I, Even Start, Early Reading First and Early Head Start, Reading Excellence, state aid, state parenting or literacy funds, private foundations, corporate sponsors, local agencies, and community support. The National Center will work with individual sites to obtain funds.

## Learning Standards

The program addresses early literacy/verbal interaction skills, as well as social-emotional skills, and prepares children to enter school ready to learn.

## Contact

Sarah E. Walzer  
Executive Director  
The Parent-Child Home  
Program, Inc.  
800 Port Washington  
Boulevard  
Port Washington, NY  
11050  
516-883-7480  
Fax: 516-883-7481  
E-mail: [info@parent-child.org](mailto:info@parent-child.org)  
Website: [www.parent-child.org](http://www.parent-child.org)